

Sessional Brief Therapies Practitioner

JOB DESCRIPTION

Job Purpose

To provide high quality Cognitive Behavioural Therapy (CBT), MBT or brief therapy to clients of WPF Therapy Ltd.

Reports To: Brief Therapies Development Manager

Main Accountabilities:

1. To provide professional and reliable CBT, MBT or Time limited Therapy to clients of WPF Therapy, as allocated by the professional lead.
2. To maintain accurate and timely records of all interactions with clients.
3. To attend regular clinical supervision.
4. To participate in research or evaluation procedures undertaken by the organisation as required. This includes providing information as requested.
5. To undertake continuing professional development, so as to maintain high standards of practice and to ensure complete familiarity and adherence to the professional Code of Ethics and Code of Conduct as well as those codes of ethics relevant to personal professional memberships.
6. To work in accordance with all WPF Therapy policies, including the Equalities and Diversity Policy.
7. To perform other tasks as required.

PERSON SPECIFICATION

Experience and knowledge

1. The jobholder must have a live registration with a professional body ensuring professional standards: BABCP, BPC, BPS, UKCP or BACP.
2. Experience of working with brief therapies interventions either in a private or public sector. You should also have qualification and post-qualifying experience in one of the core therapeutic interventions; CBT, MBT, Brief Psychodynamic Psychotherapy or Time Limited Psychotherapy.
3. Experience of providing initial consultations/clinical assessments and associated reporting in an institution / clinic setting and therapy to a range of clients, including clients who may evidence significant psychopathology.

Skills and Personal Qualities

1. Excellent interpersonal and communication skills (verbal and written)
2. Numerate and able to manage, analyse and report data
3. Computer literate
4. Good people management skills and the ability to contribute to a team
5. Efficient and timely administration / paperwork handling

Abilities

1. Ability to adapt positively and to work with changing processes as introduced by the organisation.
2. Ability to manage complex and competing demands and work effectively under pressure maintaining a mature and positive attitude to work and to colleagues.
3. Proactive and can-do outlook, providing active support to management and management initiatives throughout the organisation.
4. Commitment to promoting and maintaining high professional standards.

Equalities

WPF Therapy is committed to equality of opportunity. All staff must support this and, wherever possible contribute to the development of this aim.